

NORTH CAROLINA
S.T.A.R.T.

NC START

Lisa Wolfe NC START East Director

August 9 2010

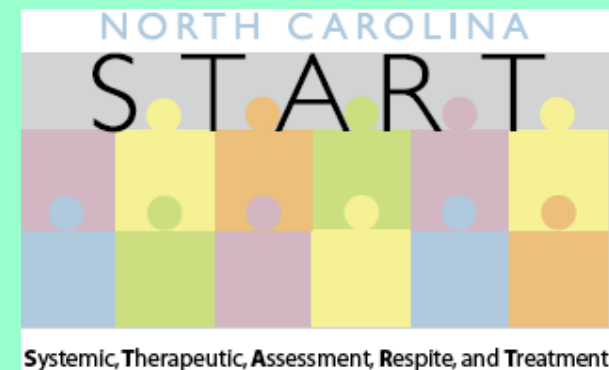
Reinventing Quality Conference

Baltimore MD

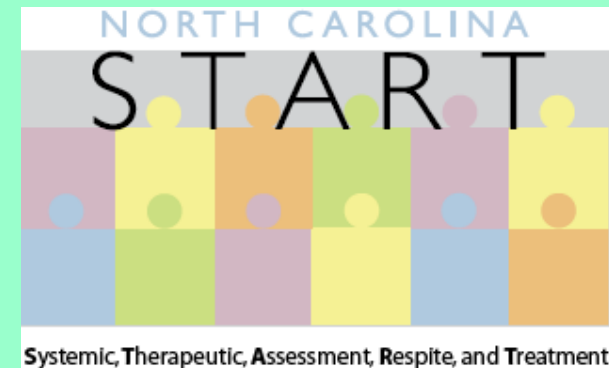
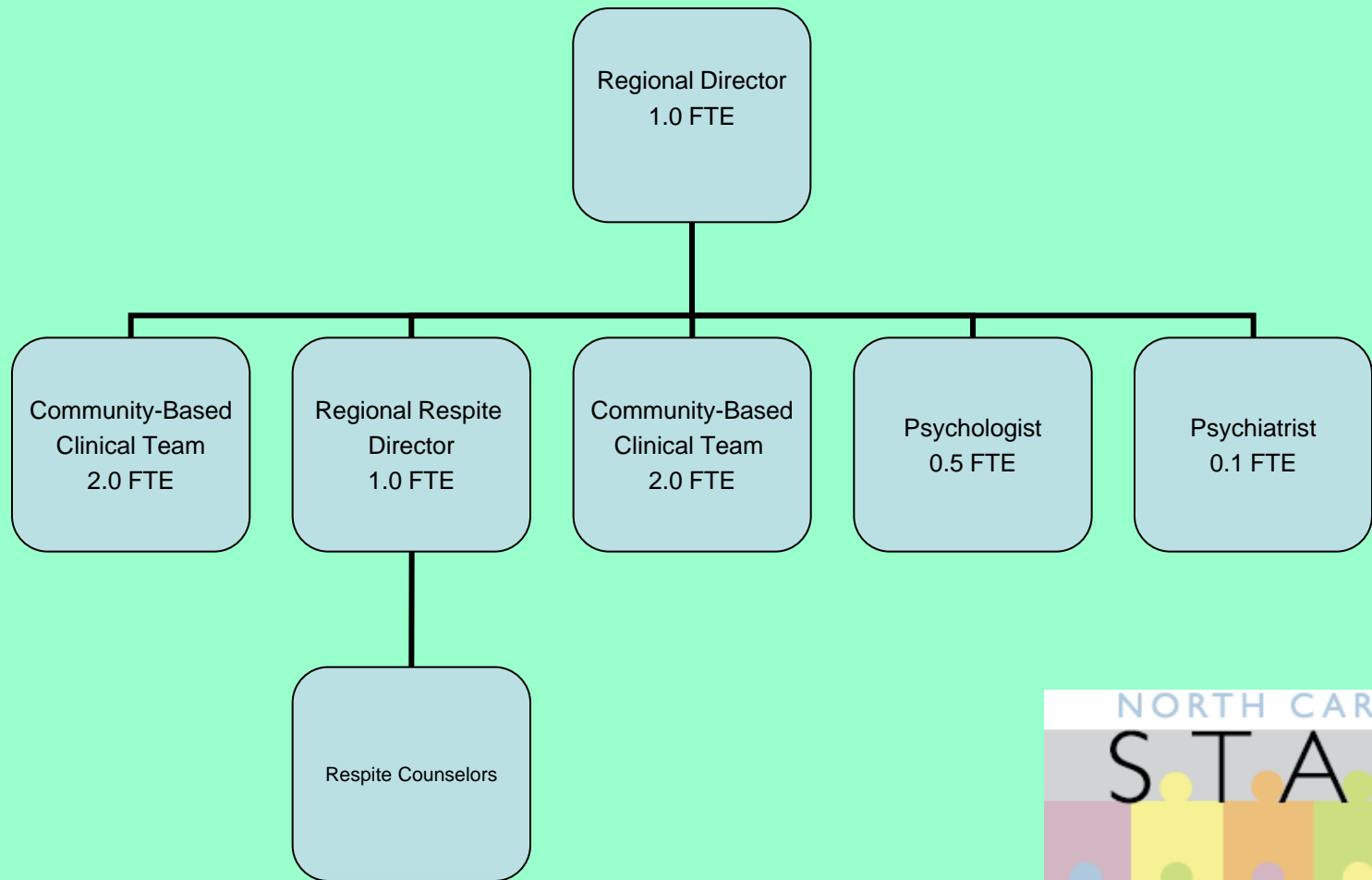
Systemic, Therapeutic, Assessment, Respite, and Treatment

Who is eligible for NC START?

- At least 18 years of age
- Confirmed developmental disability diagnosis
- Co-occurring mental illness and/or challenging behaviors
- NC START services are provided based on the team's review of individual needs, situation, and assessment information.



Regional NC START Program Staff



Where NC START Services are available

NC-START –CENTRAL

Provider – Easter Seals UCP

LME – Durham Center

NC-START – WEST

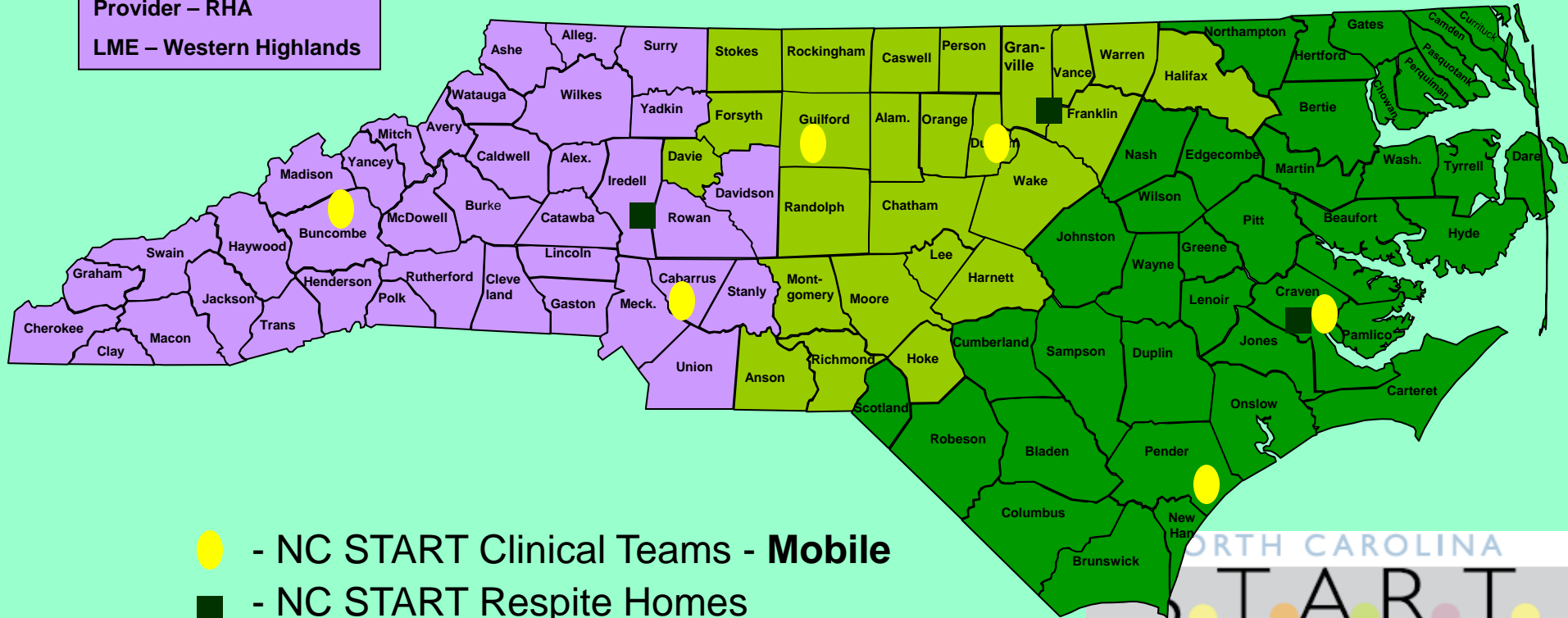
Provider – RHA

LME – ECBH

NC-START – WEST

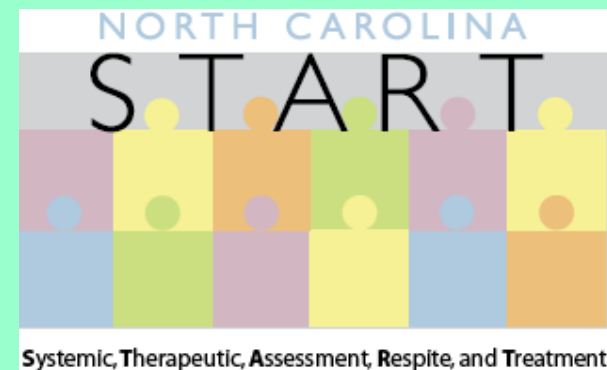
Provider – RHA

LME – Western Highlands



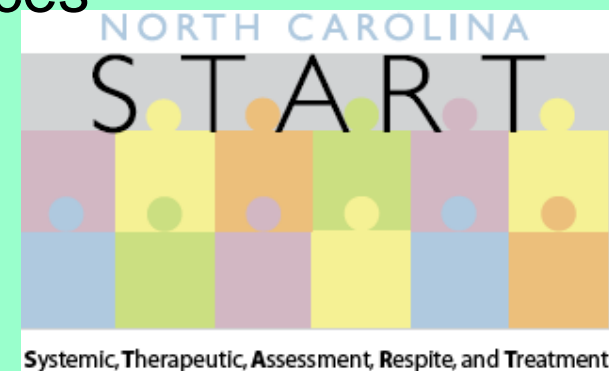
Interface with LME

- Affiliation Agreements with all LMEs in each region
- Problem solving and brainstorming interventions and resources around challenging individuals
- Review challenging cases and incidents



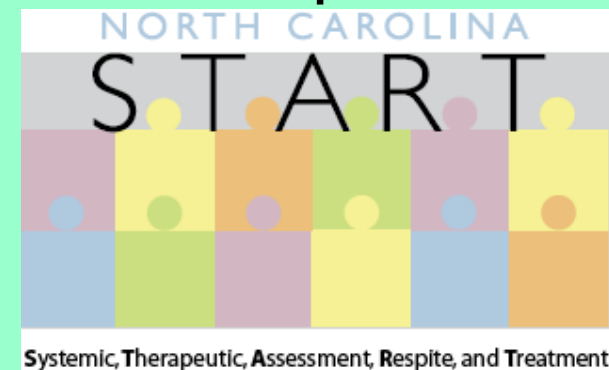
Interface with community providers

- Case Management support for both DD and MH services
 - Resources
 - Connections and Relationships
 - Processes for accessing services
 - First Responder consultation
- Creation of Crisis Plans with interventions to prevent and respond to crises for enhancement of PCP
- Training around interventions and services



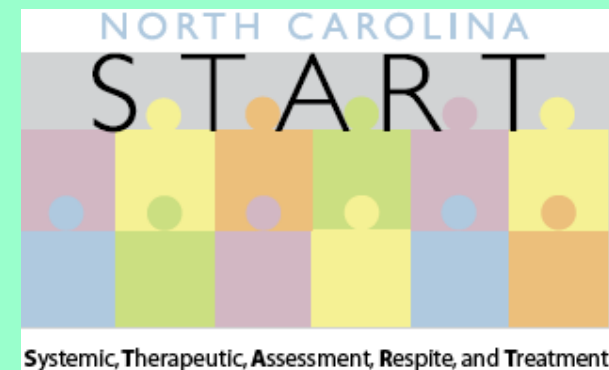
Interface with MCM

- Training for supporting challenging individuals with DD
- Consultative support in intervening in a crisis
- Consultative assistance in locating the appropriate LOC
- Assistance in development of the crisis plan
- Best Practice: routine meeting/conversations between MCM and NC START and LME reps



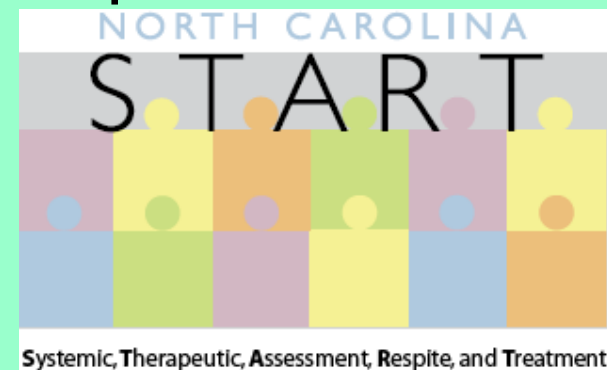
Interface with community hospitals

- 2010-2011 Goal for NC START Teams
- Provide information (behavior, interventions, and placement options for discharge) about individual which may impact willingness to admit
- Need assistance from the LME's to enhance these relationships



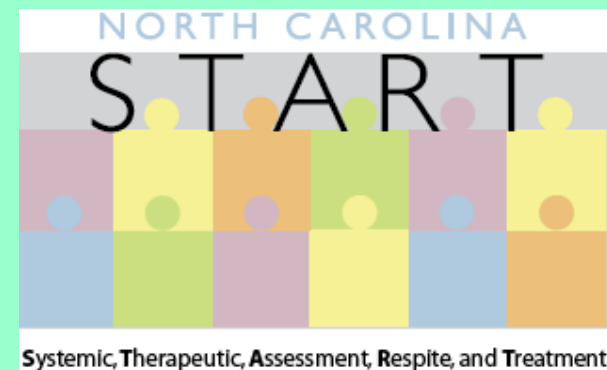
Interface with state hospitals

- NC START involvement requested but not required prior to exception being granted.
- Hospital and NC START communicate and plan regarding any new admission with IDD
- Clinical and Case Management interface and communication during LOS
- Discharge planning
- Respite may assist with transition/step down from hospital



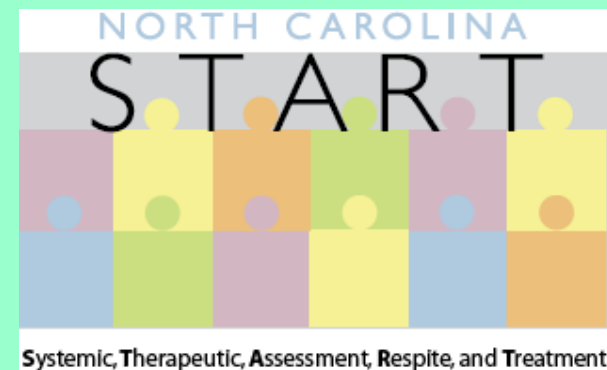
Interface with DD Center

- Affiliation Agreements in process
- NC START can assist with completing admission process/paperwork
- Participation in Clinical Team Meetings
- Assist with transition and discharge planning to link with community resources (ideally refer to NC START 60 – 90 days prior to discharge date)

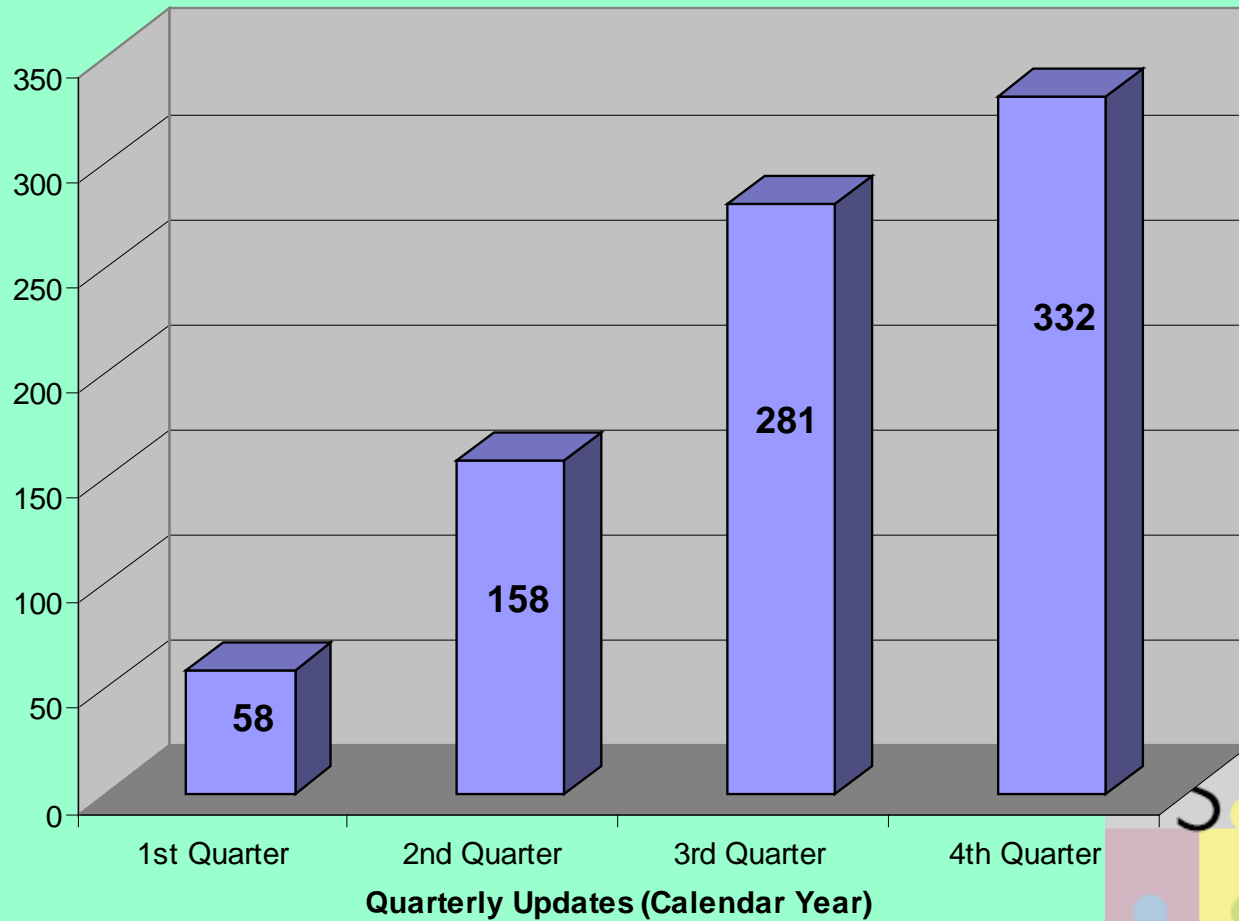


Key Points

- START is not a separate system, but focuses on establishing integrated service linkages
- START does not replace current First Responder services (or any element of system), but serves as a secondary clinically-based support for individual, First Responders and other providers
- START emphasizes crisis prevention through knowing high-risk individuals, involvement in developing crisis plans, and training and technical assistance



Active Caseload



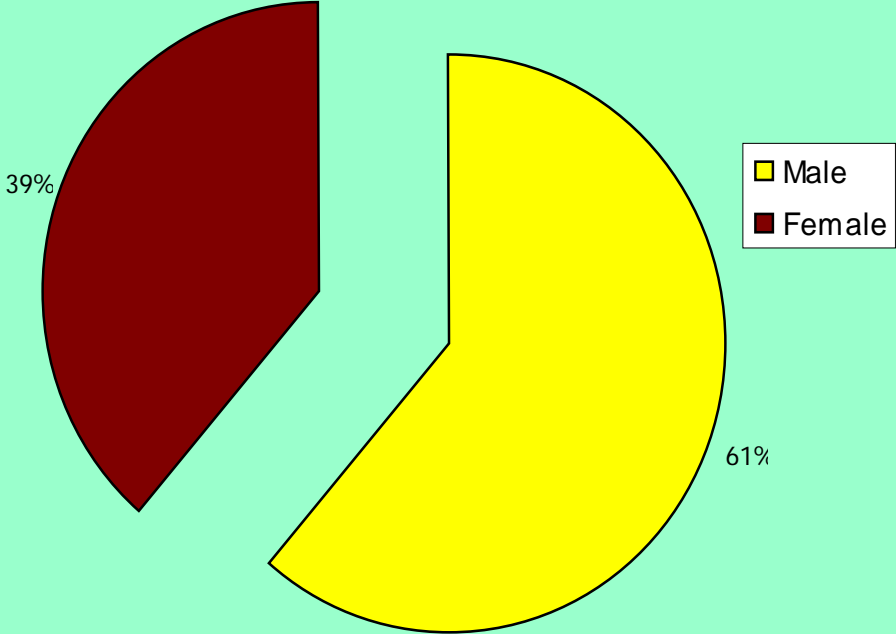
RTH CAROLINA

START



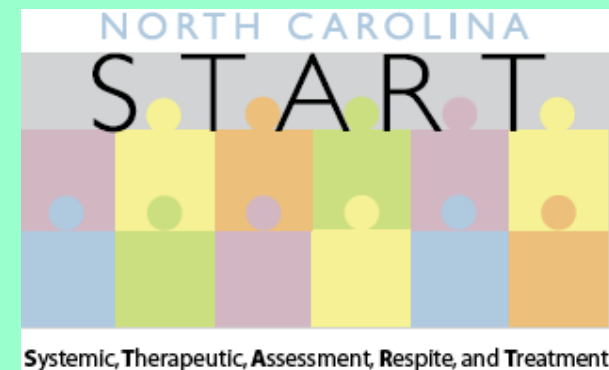
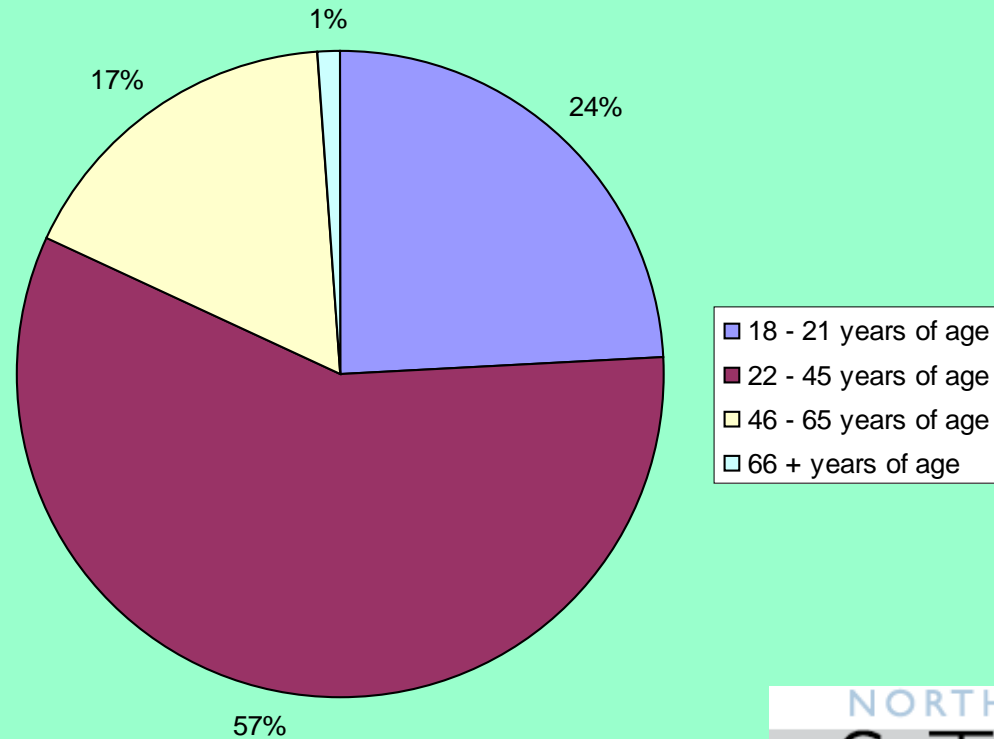
Systemic, Therapeutic, Assessment, Respite, and Treatment

Gender

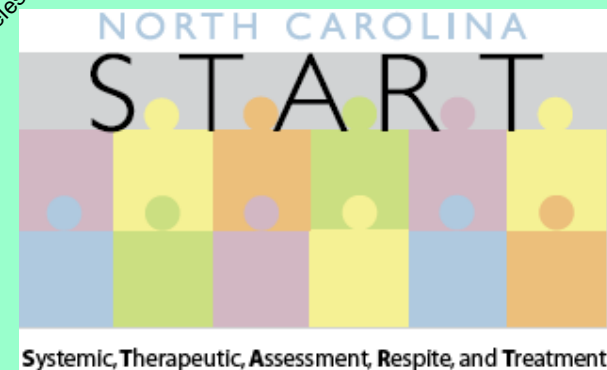
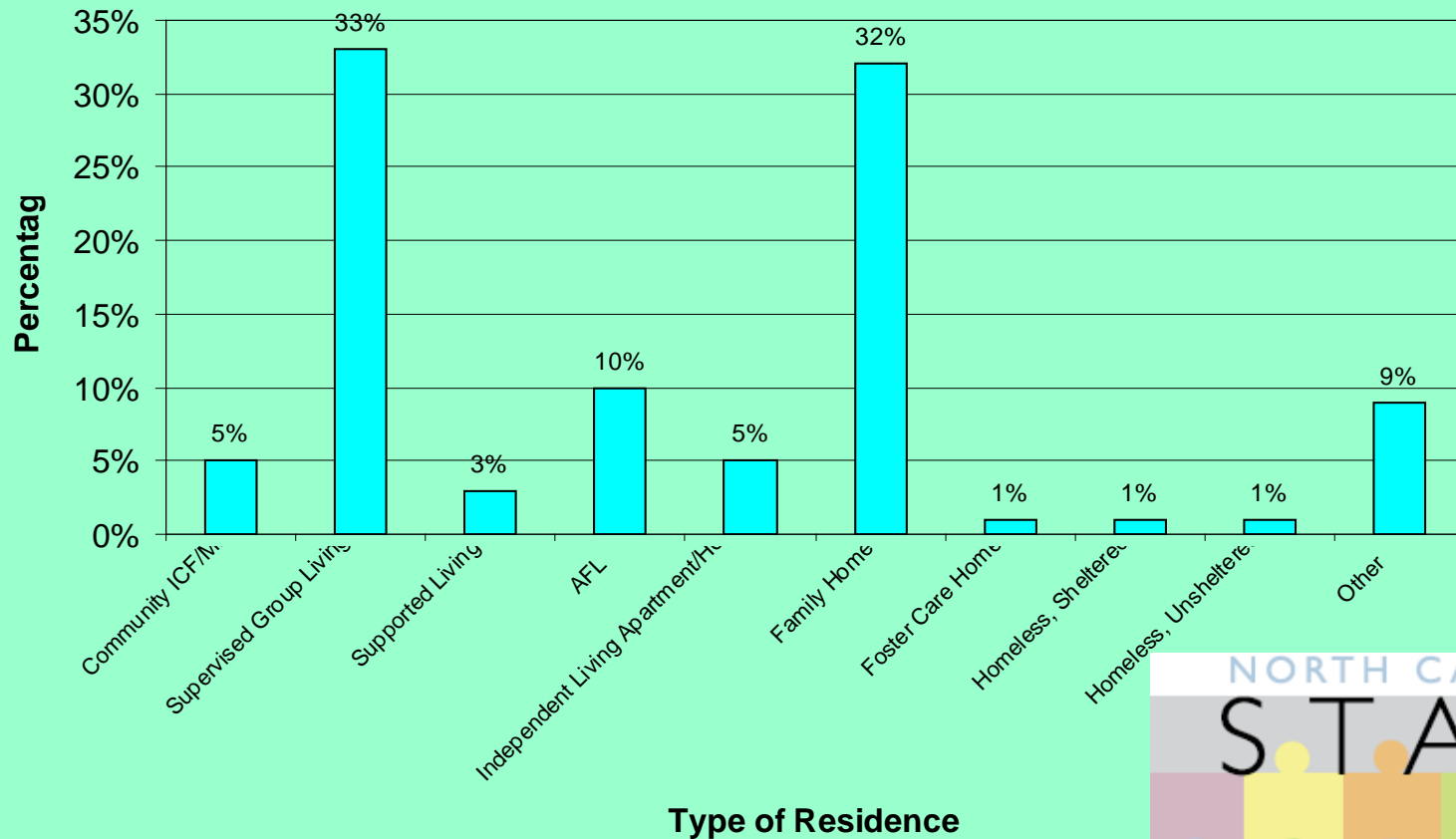


Systemic, Therapeutic, Assessment, Respite, and Treatment

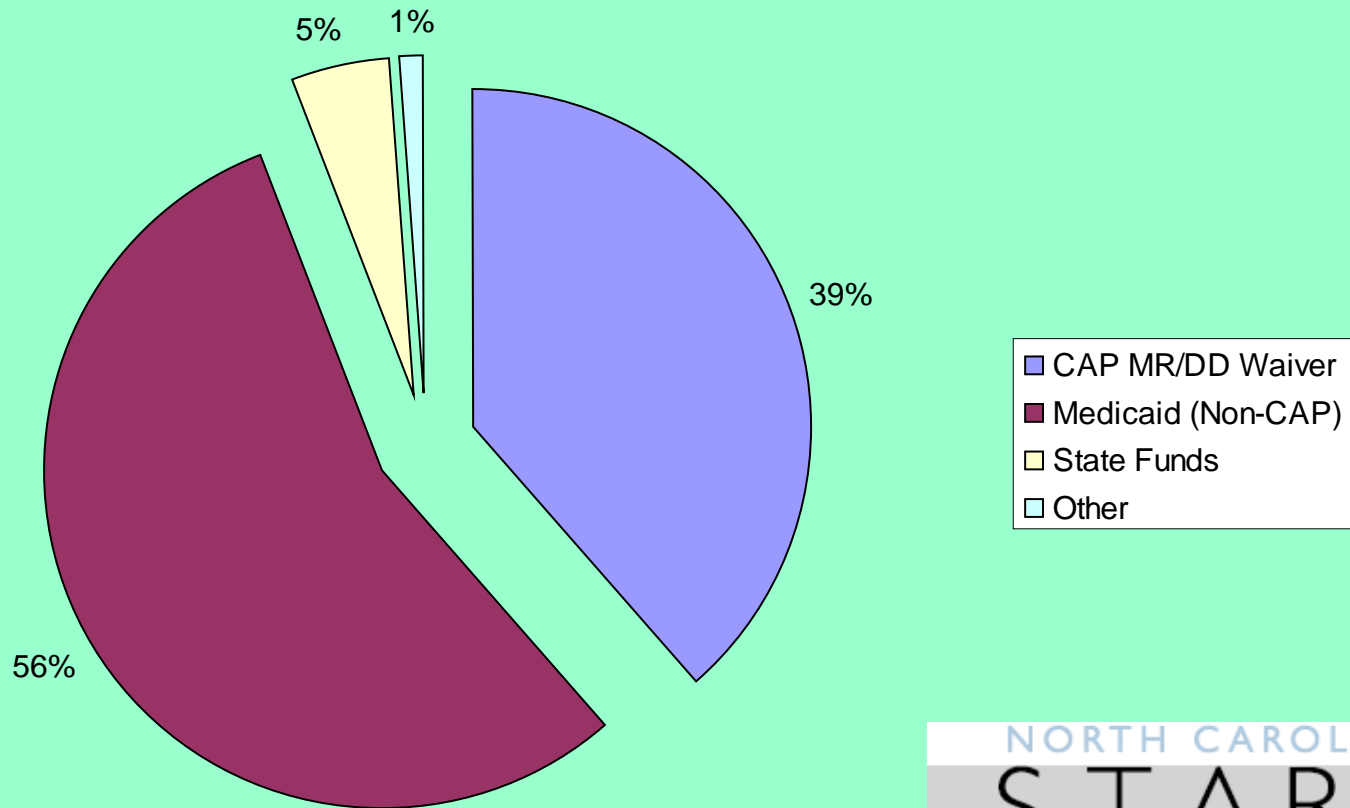
Individuals' Age at time of Referral



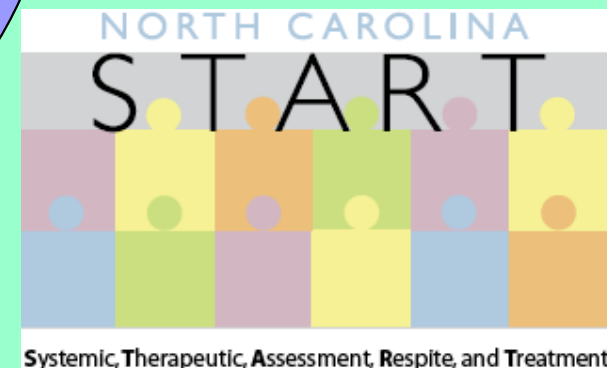
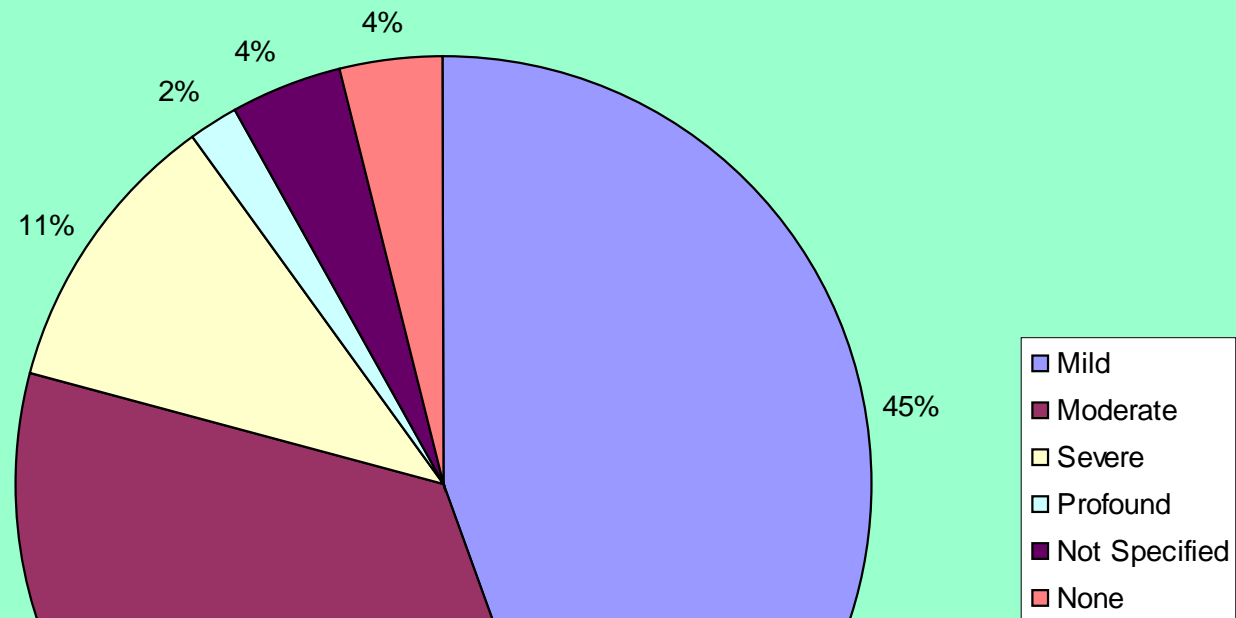
Residential Setting at Time of Referral



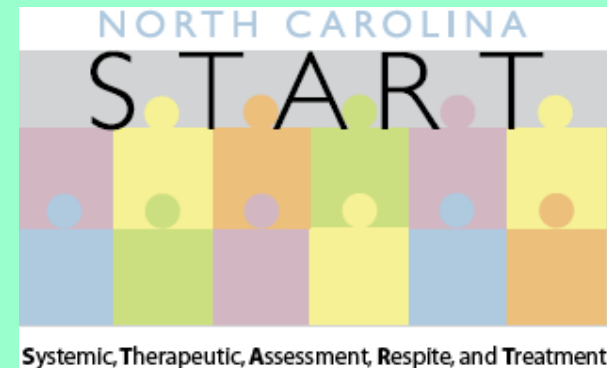
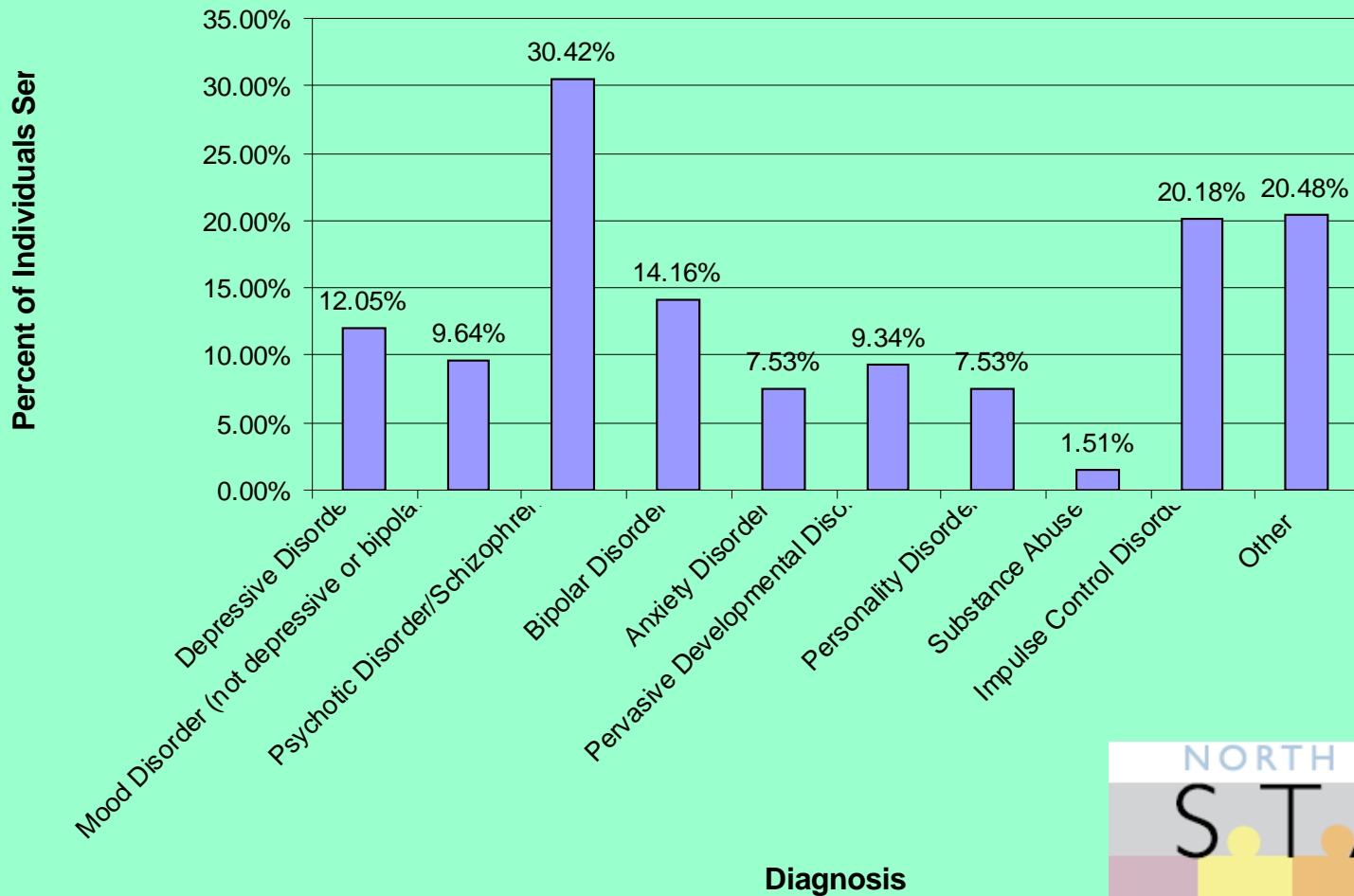
Funding Source



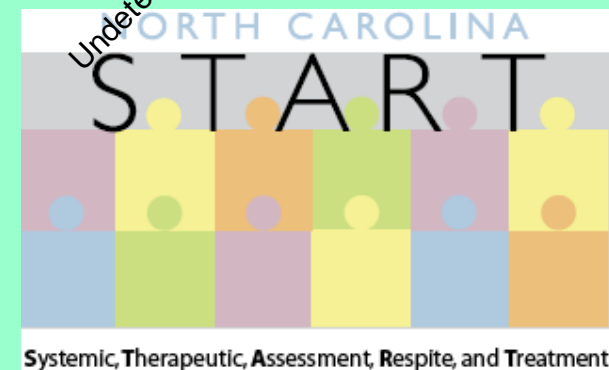
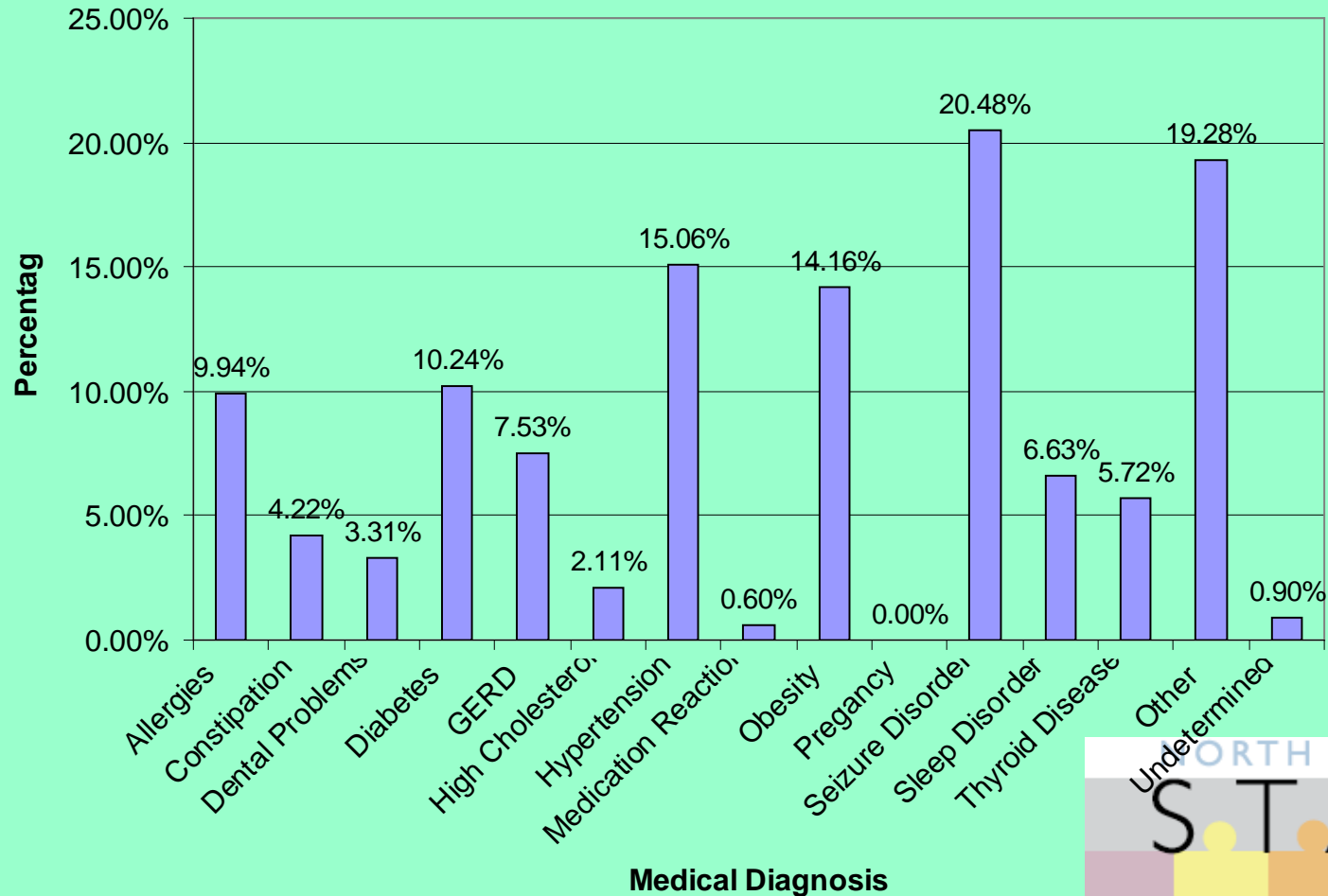
Level of Intellectual Disability



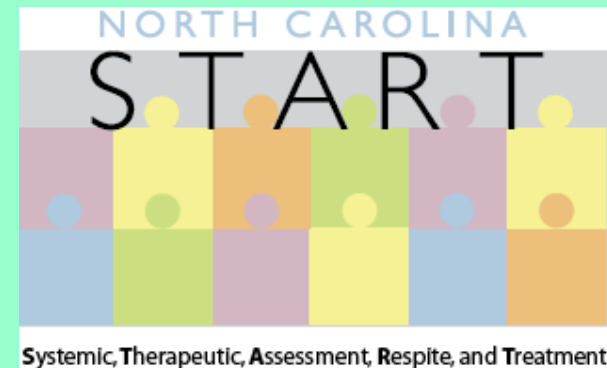
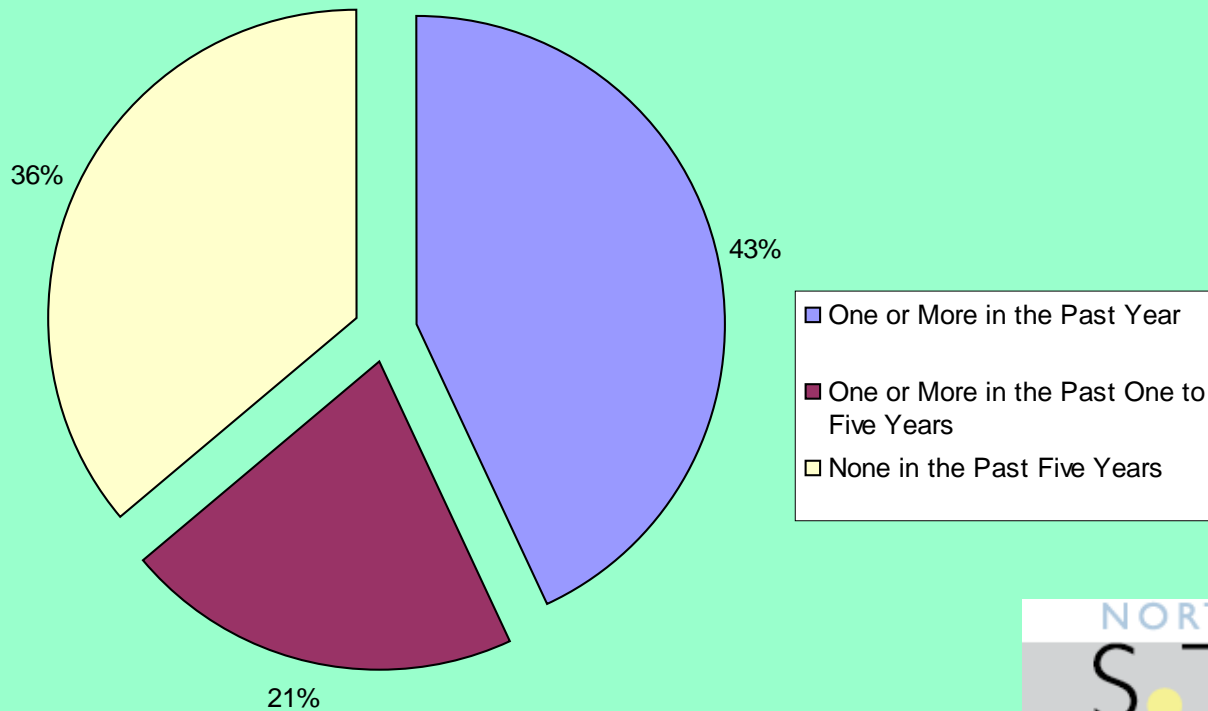
Psychiatric Diagnosis at time of Referral



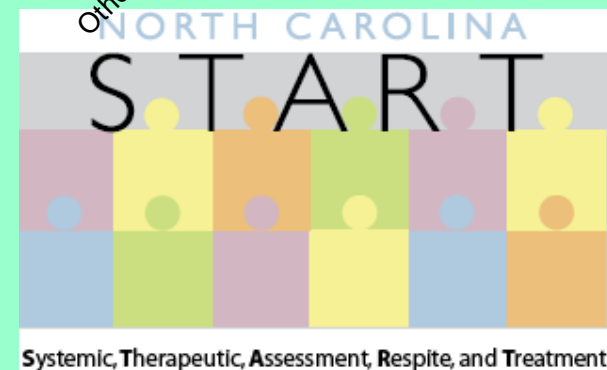
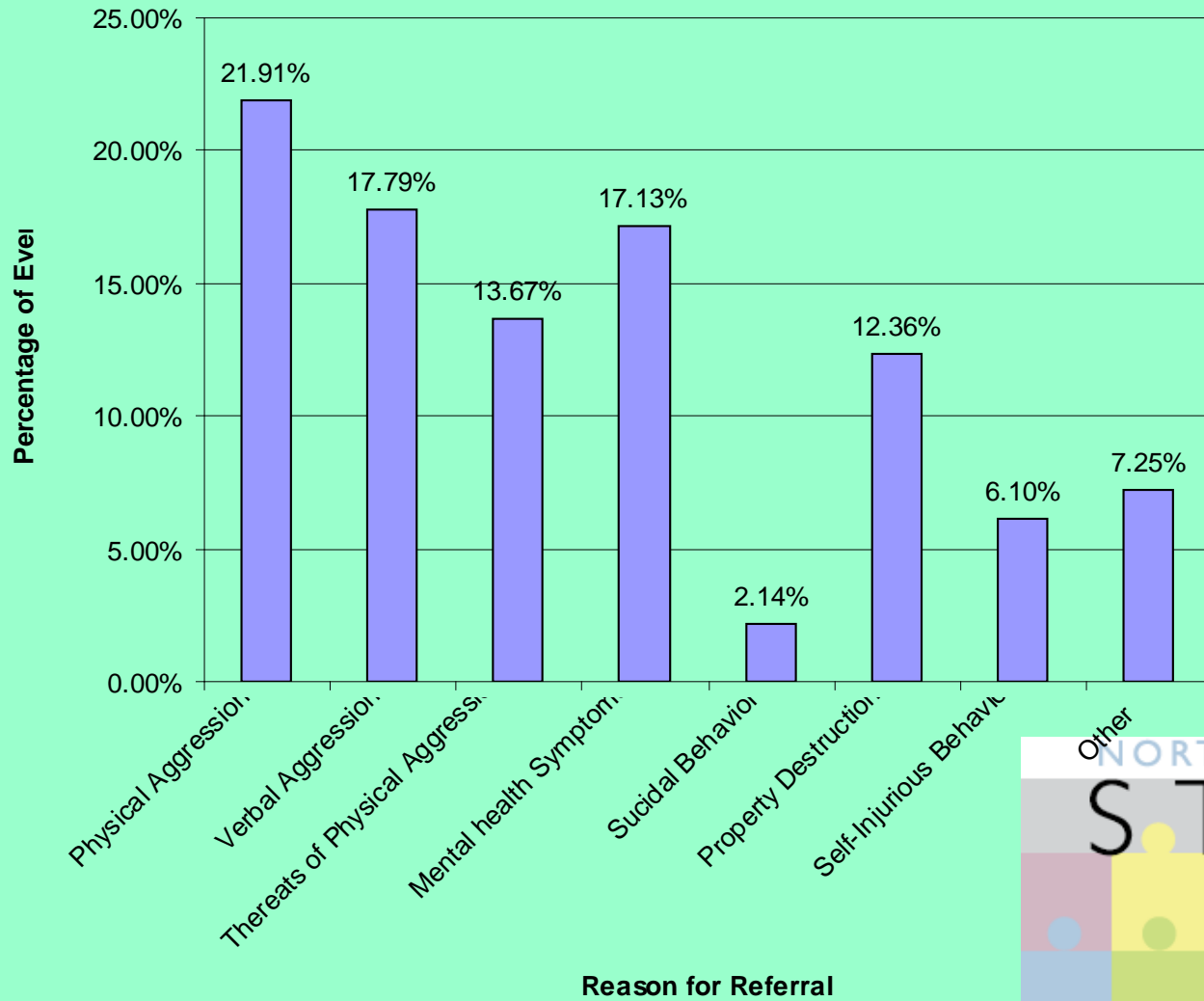
Medical Diagnosis at time of Referral



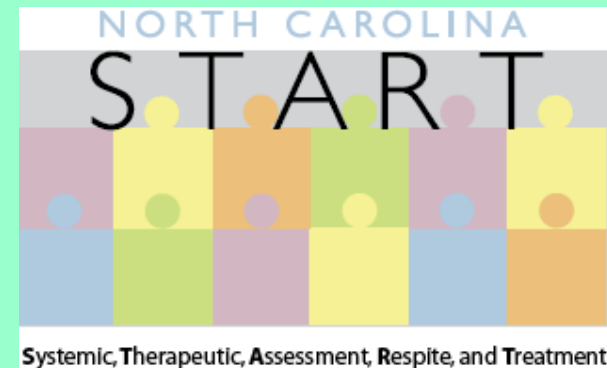
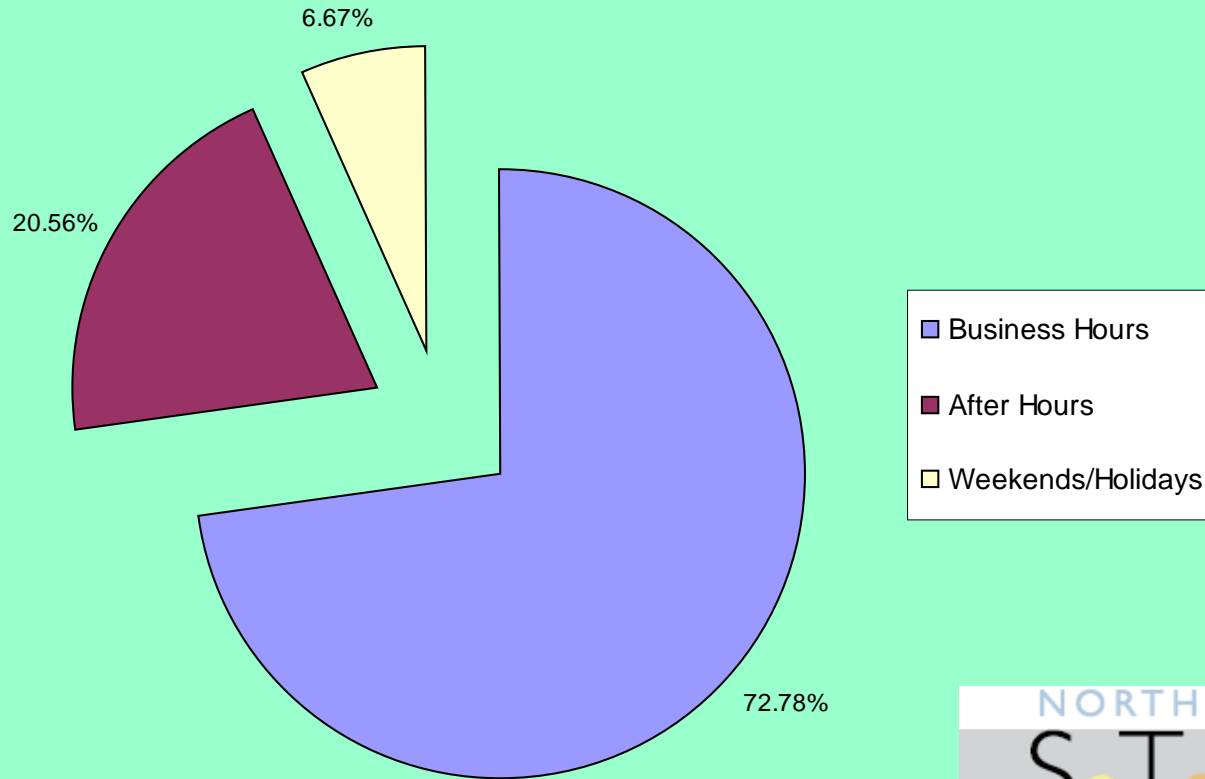
Prior Psychiatric Hospitalizations



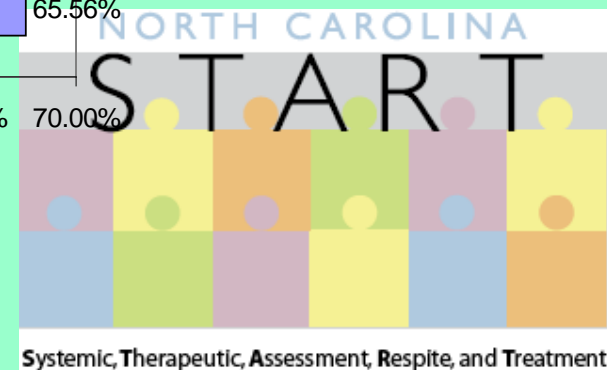
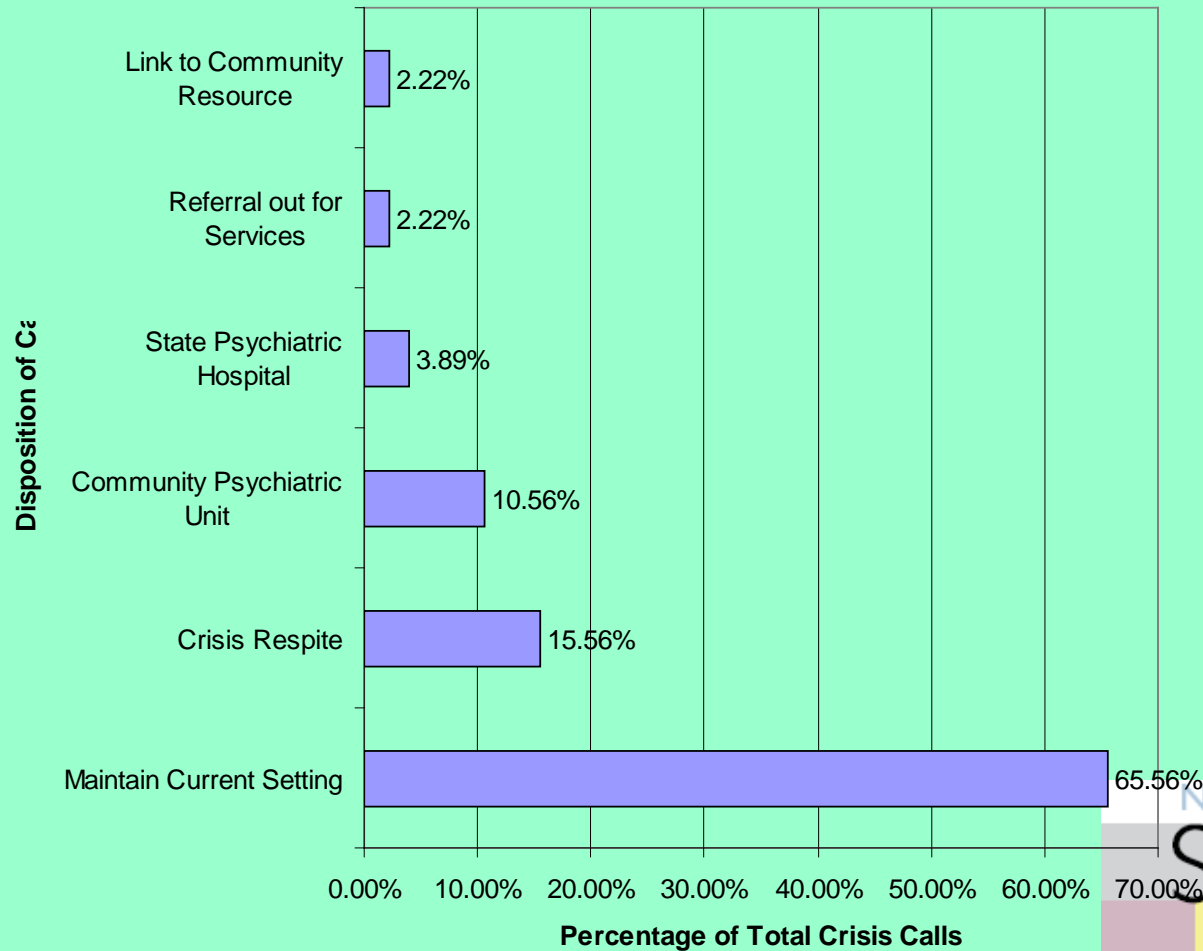
Reason for Referral



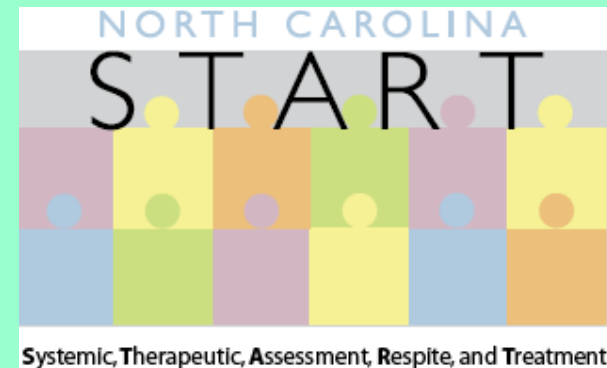
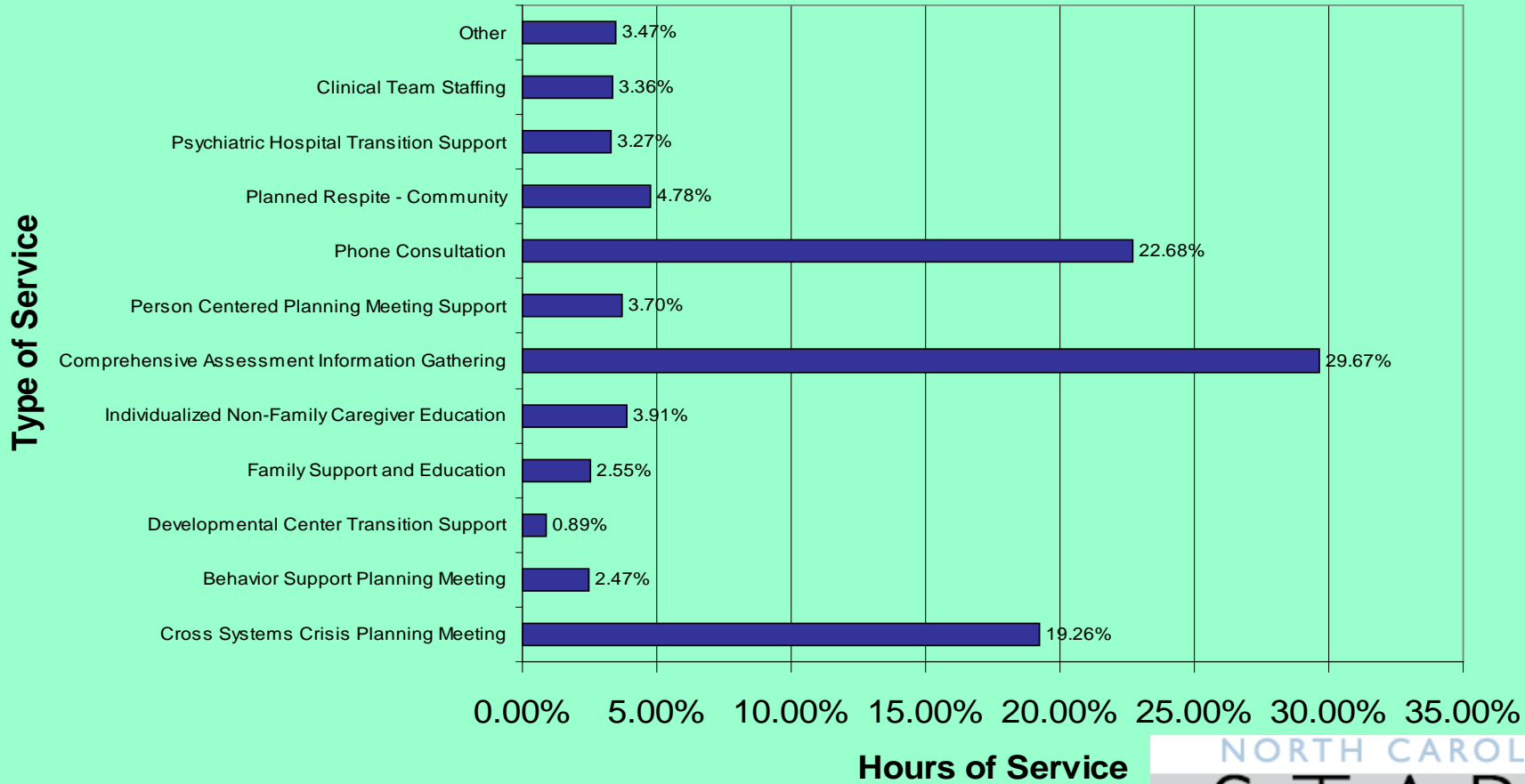
Time Crisis Call Received



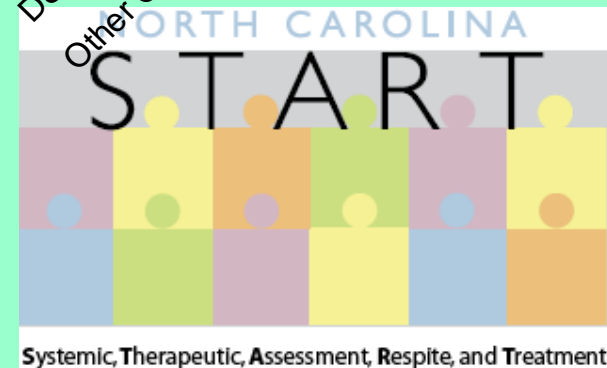
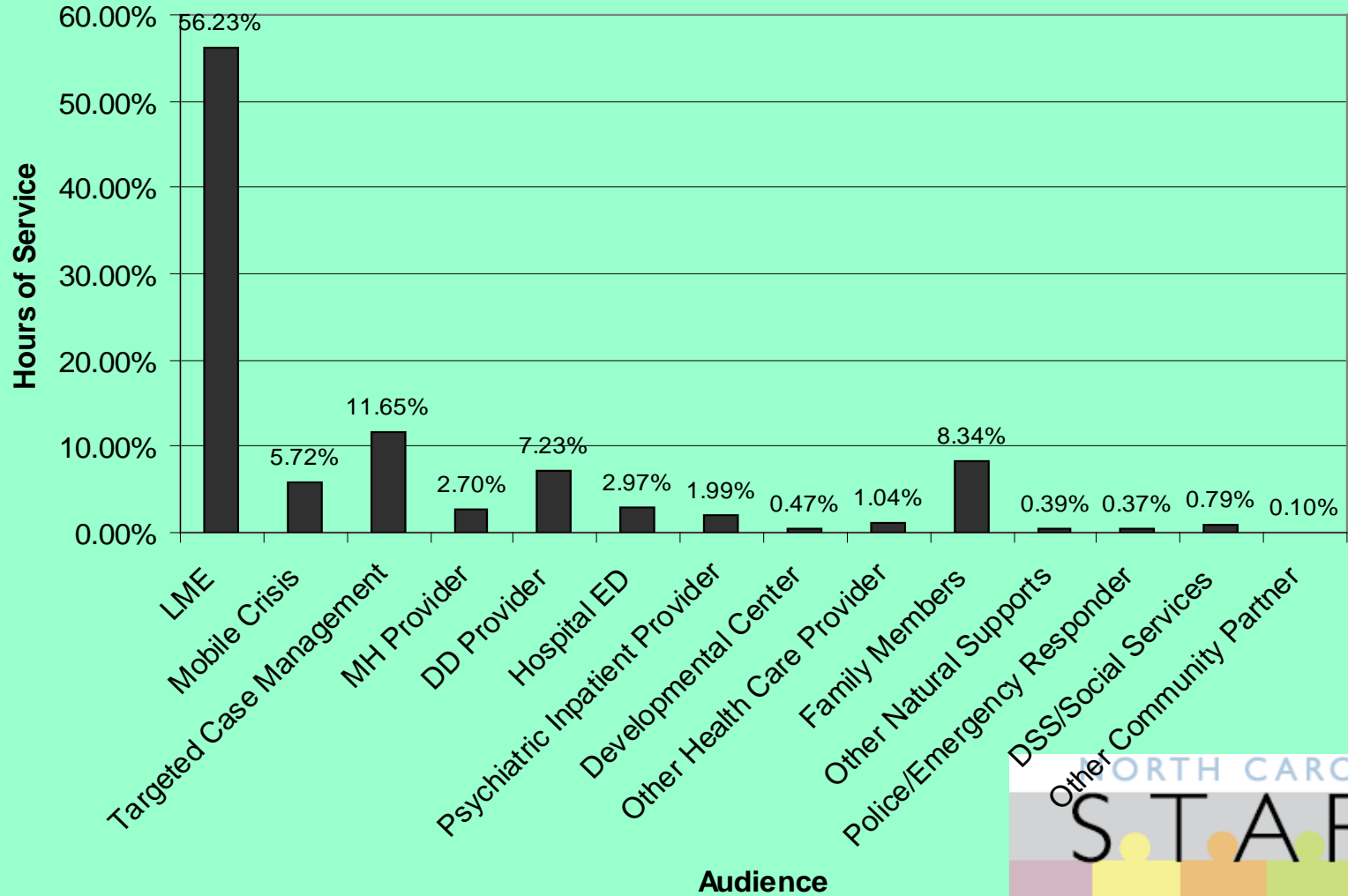
Disposition of Crisis Calls



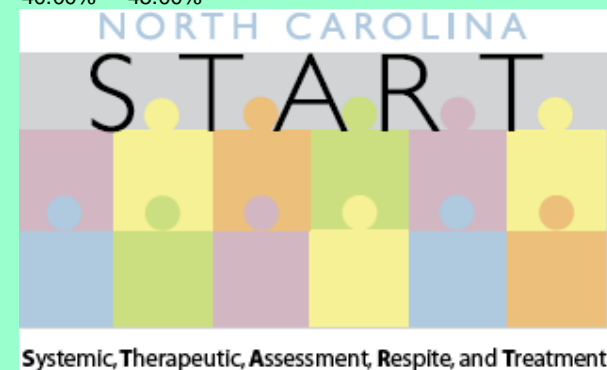
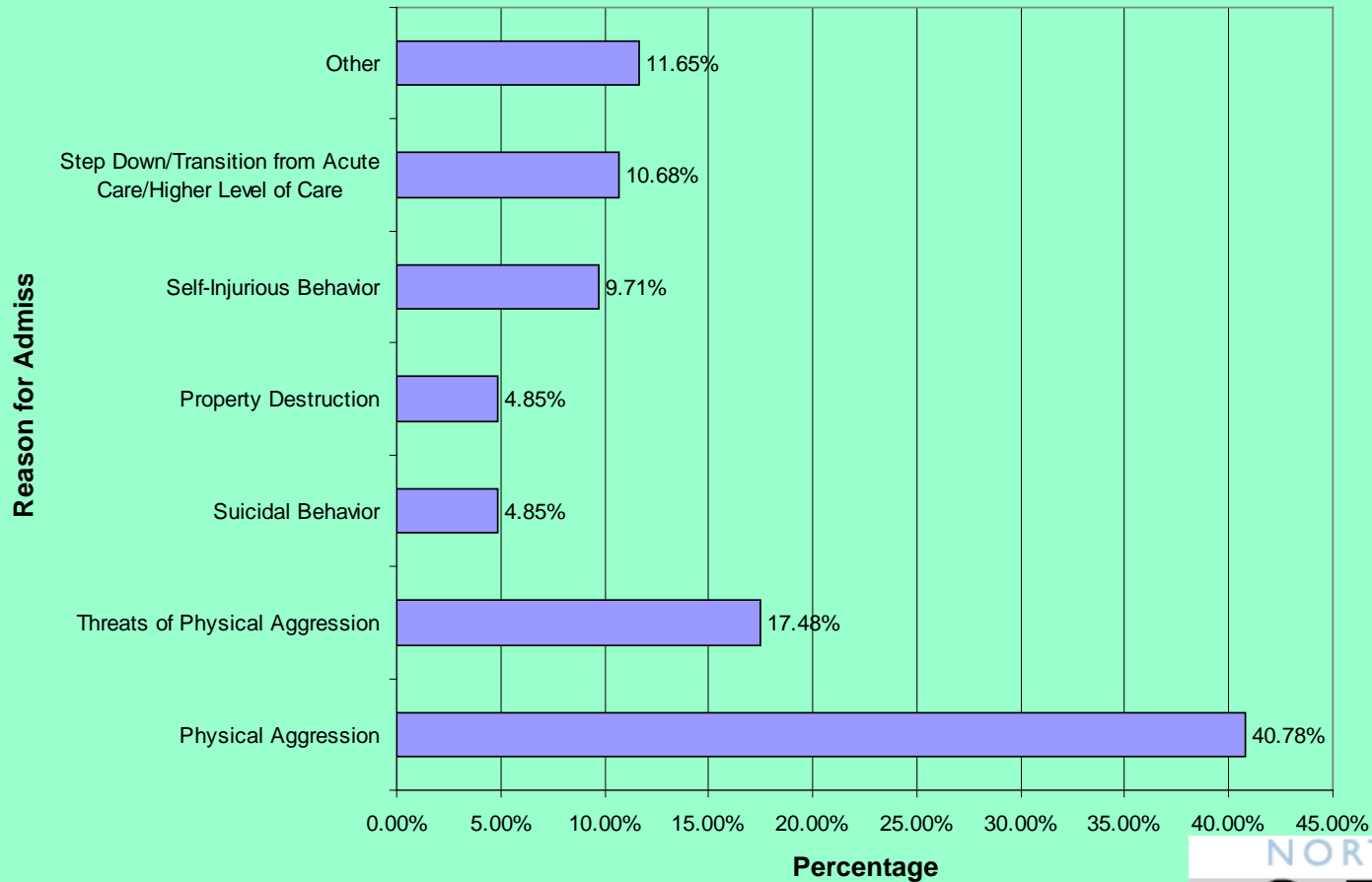
Individualized Planned Services and Supports



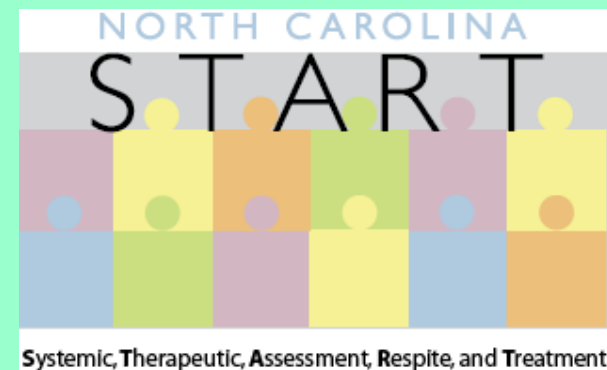
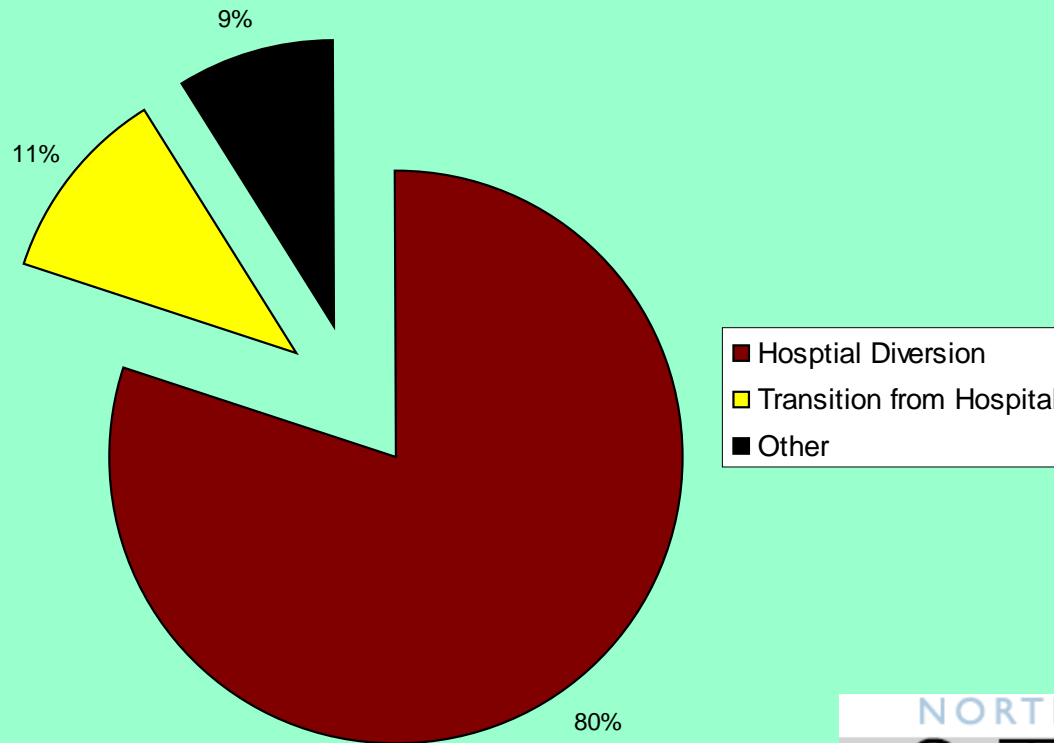
Systems Outreach and Training



Reason for Crisis Respite Admission



Reason for Crisis Respite Admission



Thank you very much!

Questions????

