

Person Centered Planning

From Good Paper
To
Good Lives

Research in the UK - Findings



“Very little change was apparent in people’s lives prior to the introduction of person centred planning. After the introduction of person centred planning, significant positive changes were found in the areas of: social networks; contact with family; contact with friends; community based activities; scheduled day activities; and levels of choice.”

- 30% increase in size of social networks
- 2.4 times more contact with family
- 41% increased contact with friends
- 35% increase in activities
- 2.8 times more choice



“The research supports the current emphasis within health and social care policy on using person centred planning to improve the life chances of people with learning disabilities”

And...



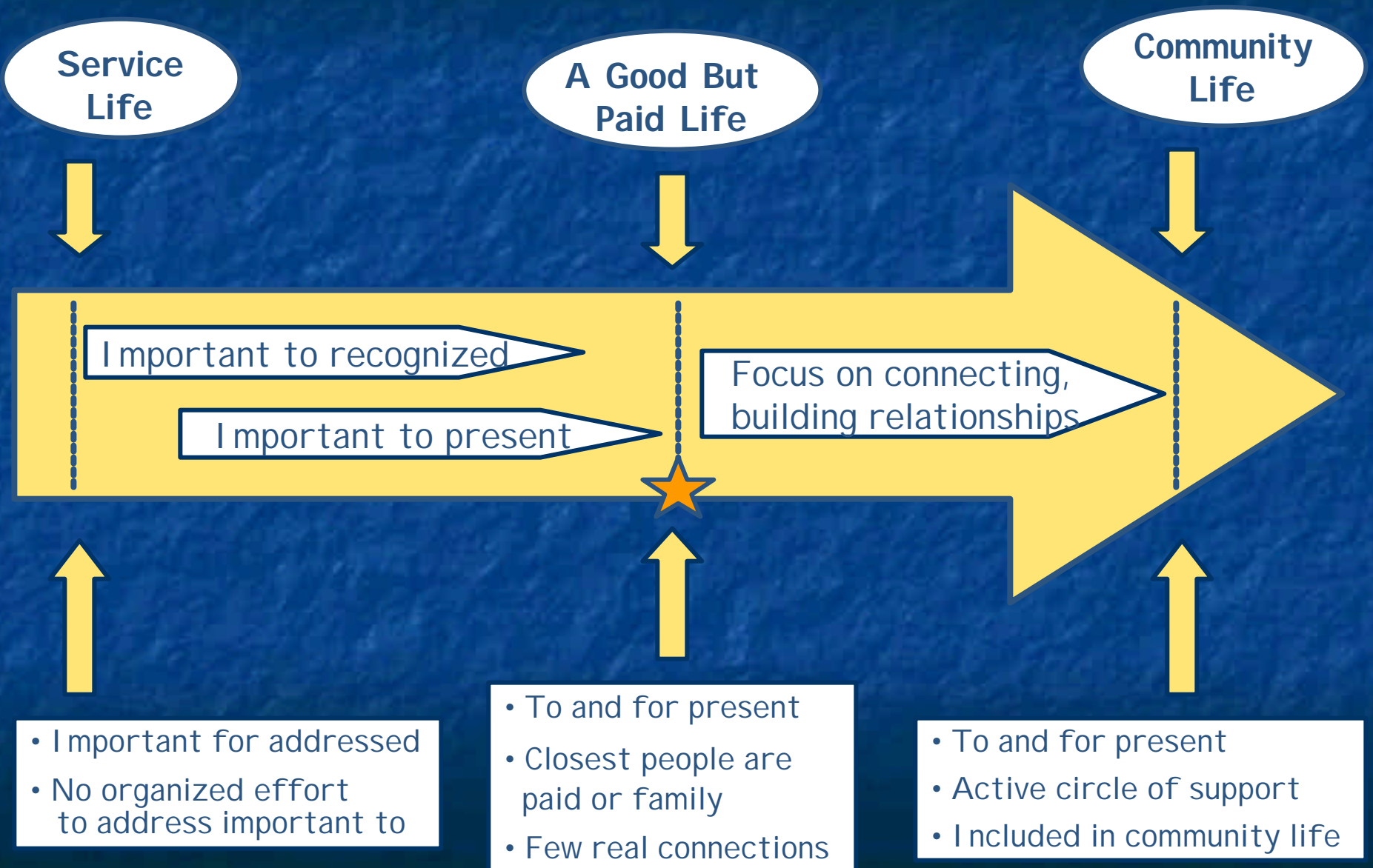
People were 1.5 times more likely to be perceived to be at risk in or out of the home or in traffic

67% increase in the number of health problems reported

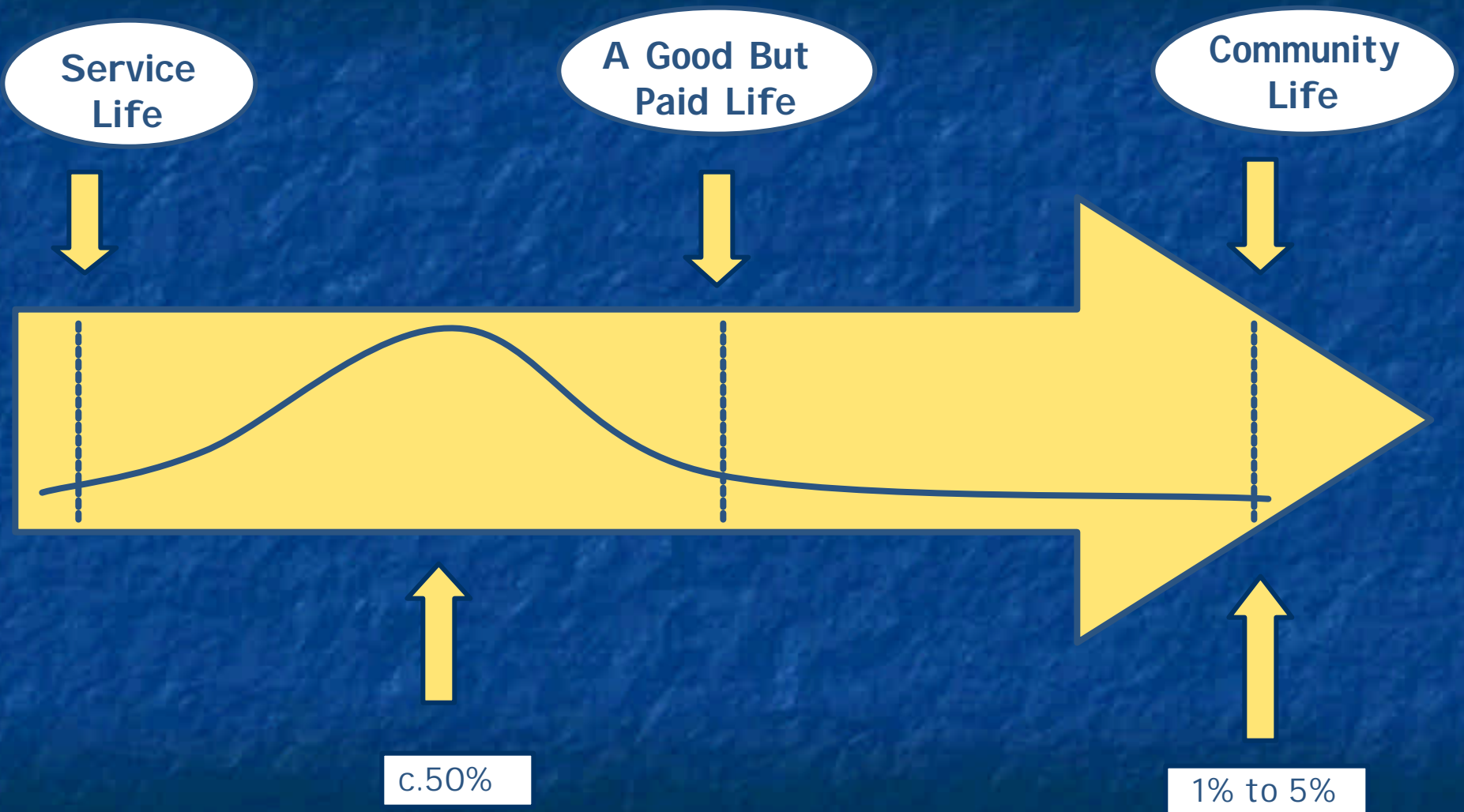
Person centred planning had no apparent impact on building inclusive social networks, employment, physical activity and medication

“Person centred planning may be helpful but is not a sufficient condition to promote social inclusion”

Context and Direction

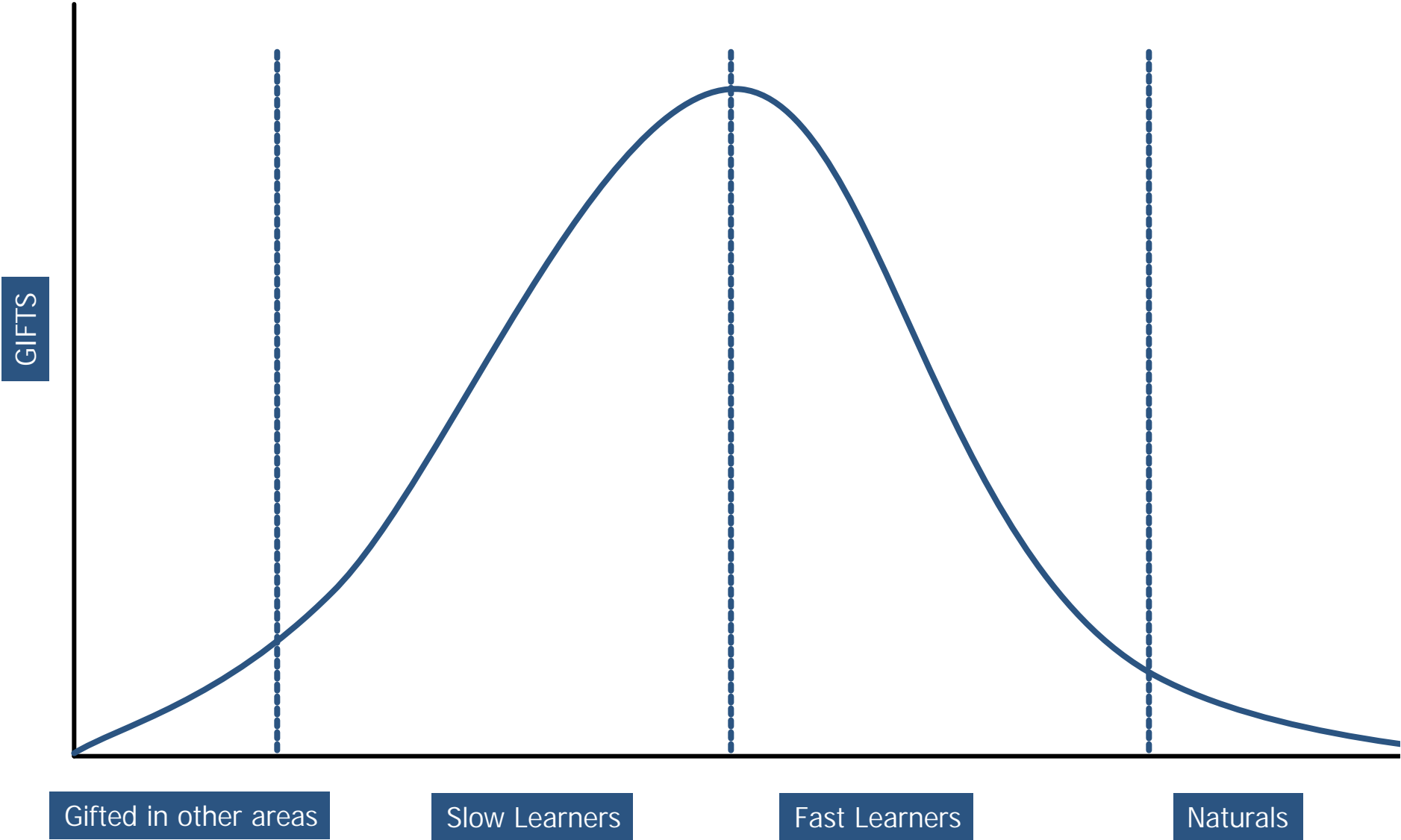


Moving from Service Life to Community Life



2 errors

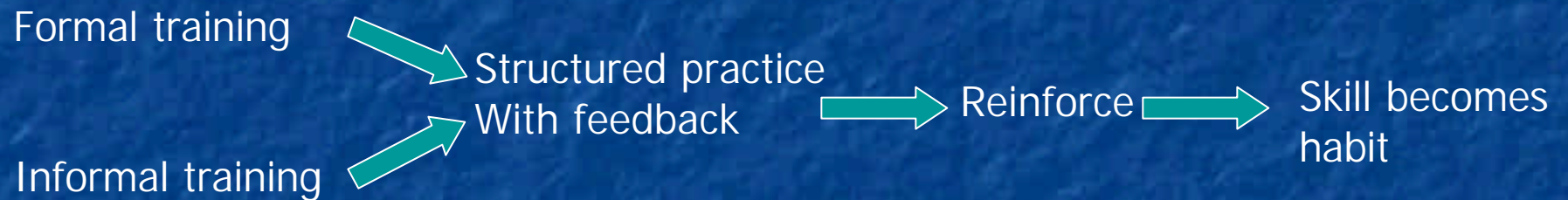
1. Just training plan facilitators
2. Thinking that training without structured practice is enough



Skills needed to support people



From training to habit



Moving from Service Life to Community Life

